

## A GOOD SANDWICH

Gordon was hungry. He opened the refrigerator. There must be something in here to eat, he thought. There was—a single hot dog.

He took it out of its package and put a small frying pan onto the stove's gas burner. He turned on the heat. Then he poured a little bit of vegetable oil into the pan. He sliced the hot dog in half lengthwise. When the oil got hot, he put the two halves in the pan. About a minute later, he flipped each half over. After another minute, he took the hot dog out of the pan.

Gordon put two slices of bread into the toaster. This was tasty and healthy bread. The first ingredient listed was organic sprouted wheat. The first ingredient in ordinary bread is usually unbleached flour.

When the toast popped up, he put mustard, mayonnaise, and ketchup on one slice. Then he added two slices of onion. On top of the onions, he placed the hot dog. On top of the hot dog, he put a couple of slices of apple. Then he added some bits of hot green chile, and then put the top piece of toast onto the chile bits.

Ahh, what a sandwich, he thought, as he sat down to eat.

## VOCABULARY

burn·er [bur-ner] [Show IPA](#)

### noun

1.

a person or thing that burns.

2.

that part of a gas fixture, lamp, etc., from which flame issues or in which it is produced.

3.

any apparatus or receptacle in which fuel or refuse is burned.

**flip1** [flip] **Show IPA**

verb (used with object), flipped, flip·ping.

1.

to toss or put in motion with a sudden impulse, as with a snap of a finger and thumb, especially so as to cause to turn over in the air: to flip a coin.

2.

to move (something) suddenly or jerkily.

3.

to turn over, especially with a short rapid gesture: to flip pancakes with a spatula.

4.

Slang. to make (someone) insane, irrational, angry, or highly excited (usually followed by out ).

5.

Finance. to resell, especially quickly, or to refinance, as a mortgage loan.

**flour** [flouhr, flou-er] **Show IPA**

**noun**

1.

the finely ground meal of grain, especially the finer meal separated by bolting.

2.

the finely ground and bolted meal of wheat, as that used in baking.

3.

a finely ground, powdery foodstuff, as of dehydrated potatoes, fish, or bananas.

4.

a fine, soft powder: flour of emery.

verb (used with object)

5.

to make (grain or the like) into flour; grind and bolt.

6.

to sprinkle or dredge with flour: Flour the chicken before frying.

length-wise [lengkth-wahyz, length-, lenth-] Show IPA

adverb, adjective

in the direction of the length.

**pan1** [pan] Show IPA

**noun**

1.

a broad, shallow container of metal, usually having sides flaring outward toward the top, used in various forms for frying, baking, washing, etc.

2.

any similar receptacle or part, as the scales of a balance.

3.

the amount a pan holds or can hold; panful: a pan of shelled peas.

4.

any of various open or closed containers used in industrial or mechanical processes.

5.

a container in which silver ores are ground and amalgamated.

**pop-up** [pop-uhp] Show IPA

**adjective**

1.

(of books, usually children's books) having pieces of artwork fastened to the pages so that when the page is opened, a three-dimensional cutout or object is formed and, sometimes, movement of a picture element, such as a door opening, can be activated by pulling a tab.

2.

of or being a device that ejects or raises a finished or used item from the top: a pop-up toaster.

3.

of or pertaining to a device, mechanism, or object that rises or pivots from a concealed or recessed position to its operating position: a camera with a pop-up electronic flash; a car with pop-up headlights.

4.

popping up, as from an appliance or object: pop-up waffles heated in the toaster; a pop-up gauge for indicating when the turkey is done.

5.

noting or pertaining to a store, restaurant, etc., that temporarily takes over a vacant space and does business there for a short time: a pop-up store selling Halloween costumes.

**bleach** [bleech] **Show IPA**

**verb (used with object)**

1.

to make whiter or lighter in color, as by exposure to sunlight or a chemical agent; remove the color from.

2.

Photography . to convert (the silver image of a negative or print) to a silver halide, either to remove the image or to change its tone.

verb (used without object)

3.

to become whiter or lighter in color.

noun

4.

a bleaching agent.

5.

degree of paleness achieved in bleaching.

6.

an act of bleaching.